Menopause Across Cultures @Work — Org License (Enterprise)

Presented by Alabaster Box: Her Wellness Collective • One 90-minute workshop + org-wide toolkit for respectful, practical support at work

Why Now

Up to one in five employees will experience menopause during their careers. Unmanaged symptoms and manager uncertainty can impact performance, scheduling, satisfaction, and equity—especially in global, multi-shift teams. A single, respectful program aligns managers and supports employees without crossing into clinical care.

Solution

A turnkey program: a 90-minute live employee workshop and a 60-minute manager briefing (same day). It's evidence-based, culturally sensitive, and faith-respectful—designed for complex, distributed organizations.

What You Get

- Live training (recorded) + 12-month replay access for your organization
- Manager briefing with practical do/don't guidance and scenarios
- Org-wide license to Karen's Book & Journal PDFs, symptom tracker, and 30 reflection prompts
- Simple rollout guidance for HR/Benefits/People Ops

Outcomes We Aim For

Manager confidence increases; employee satisfaction and dignity improve; alignment conversations become simpler and less fraught. Teams get a shared language and clear boundaries.

Delivery & Scope

Delivered virtually (Zoom/Teams) within 14 days of agreement and payment. Educational wellbeing program only; no patient-specific guidance or medical care.

Investment & Availability

- Founding Partner Pricing: $20,000 for the first 3 organizations
- Standard Pricing: $25,000 thereafter
- Replay license: 12 months org-wide

Next Step

Book a 15-minute fit call to confirm headcount, locations, and scheduling, and to reserve a delivery date.

Compliance Note

This program is educational and wellbeing-oriented. It is not medical advice, treatment, or clinical care. Always consult appropriate medical and legal counsel for patient-specific or jurisdiction-specific issues.